

2010

Breastfeeding - The Baby Friendly Way

We are baby friendly

- ❖ When we inform all women of the benefits and management of breastfeeding.
- ❖ When breastfeeding is initiated within half an hour of birth and continued on demand.
- ❖ When we foster breastfeeding support groups, organizations and helplines.

La Leche League Leaders have successfully breastfed and are accredited to help a mother overcome uncertainty and prevent difficulties.

La Leche League:
Supporting mothers is
our mission

Place
Postage
Here



Breastfeeding

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3 Reasons to Give

Donation Brochure

Why is your support so crucial?

3 REASONS TO GIVE

Every Leader is a volunteer available to any mother and baby who want information and support for breastfeeding. Donations enable us to continue our work.

YOUR DONATION SUPPORTS:

- LLL Group meetings
- Lending libraries containing books on all parenting topics
- Phone assistance
- Spanish materials and outreach
- Hospital outreach
- Education programs aimed at the medical community
- Breastfeeding FAQs available 24/7 on our Web site
- Questions answered daily by email
- Online parenting chats + meetings

La Leche League (LLL) is a nonprofit, volunteer organization that provides information and encouragement to all mothers who want to breastfeed their babies. LLL is recognized as the world's foremost authority on breastfeeding.

- The American Academy of Pediatrics KEY STRATEGY "Increasing the current rate of breastfeeding in the United States is fundamental to optimize infant nutrition, especially when disaster strikes."
- The cleanest, safest food for an infant is human milk
- Breast milk is a free, renewable resource that does not damage our planet.

To donate online & credit your LLL Group visit:
www.Donate2Ill.org

Yes, I want to support breastfeeding mothers and babies!

Please return this slip and your contribution to your local LLL Group:

\$20 \$25 \$50 \$75 \$100 \$300
 other _____
 Matching-gift form enclosed

Method of payment:

Check payable to La Leche League
 VISA Discover
 MasterCard American Express

Card #: _____

Signature: _____

Exp. Date: _____

Donor's Name: _____

Address: _____

Telephone: _____

E-mail: _____

THANK YOU FOR YOUR SUPPORT!
Your gift is tax-deductible.