



Breastfeeding

The Baby Friendly Way

La Leche League needs YOU to support local meetings, free telephone help, and accredited Leaders.

Join us at our World Breastfeeding Week Celebrations event:

<i>Date:</i>	<i>Time:</i>
<i>Event:</i>	
<i>Location:</i>	
<i>For more information contact:</i>	

For additional information visit:
www.lllusa.org/wbw

Donate at: <https://donate2lll.org/>

- A. Helps prevent Allergies
- B. Bonding; Brain development
- C. Colostrum – perfect first food
- D. Prevents Disease/fewer Deaths
- E. Easier to digest
- F. FREE
- G. Gives baby immunity + love
- H. Breastfed babies are Healthier
- I. Higher IQs; prevents Infection
- J. Promotes Jaw development
- K. Less time in the Kitchen
- L. Less spitting up; stomach upset
- M. Something only Mom can do
- N. Night feedings are easier
- O. Prevents Obesity
- P. Preemies go home quicker
- Q. Quality nutrition – the very best!
- R. Less Rashes on baby
- S. Species specific for humans
- T. Travel is easier
- U. Contracts Uterus after birth
- V. Valuable immunities in milk
- W. Hindmilk improves Weight gain
- X. eXactly what baby needs
- Y. Tastes Yummy to baby
- Z. Zero waste